



## Person-Centered Philosophy

The concept of Person-Centered Thinking is central to AccessAbility's service provision. Person-Centered Thinking is a purposeful method to see the whole person and to discover, describe and assure the desired life of that person. By implementing person centered practices we strive to assure that everyone that is receiving services and supports can live, learn, work and enjoy life in the most integrated setting.

AccessAbility's person-centered practices are essential in providing a support system that reflects that we understand, respect and honor the things each person thinks are important.

A person-centered support system helps people:

- Build or maintain relationships with their families and friends
- Live as independently as possible
- Engage in productive activities, such as employment
- Participate in community life.

AccessAbility believes that a person-centered approach to providing services should not be driven by professional opinions but instead is driven by the provision of services and supports in the context of what it takes for the person to have the life they want. The person along with his/her support team identifies effective support and services that will help the person live, learn, work and participate in preferred communities on his/her own terms.

AccessAbility provides person-centered practices that focus on each person's abilities and strengths, including natural supports, so that he or she can maintain or work toward:

- ❖ What is Important To him or her
- ❖ What is Important For him or her

AccessAbility works with all persons receiving services to develop a person-centered plan incorporating goals that reflect their preferences. Support services are then provided to help them meet these goals.